

# Youth Endowment Fund



## GUIDANCE NOTES

**Youth Endowment Fund Funding Round #1 – Preventing youth crime and violence: open call**

**Geography: England and Wales**

**Focus: children aged 10 -14**

**Funding: 1-2 year grants of +/- £200,000 per year (indicative)**

**Closes: 23 July 2019**

### **What is the Youth Endowment Fund?**

The Youth Endowment Fund (YEF) is a bold attempt to put early intervention at the heart of efforts to tackle youth offending. It will support programmes and community partnerships working with children at risk of being drawn into crime and violence and build up our knowledge of what works. It will focus on working with 10 to 14 year olds across England and Wales.

The funding offered by the YEF will test the effectiveness of interventions, with the aim that those that are shown to work are scaled to reach more young people.

### **Launching our first grant round**

Our first funding round is an open call round. We are looking for interventions that target **young people aged 10-14 years old** and are designed to prevent later offending.

Interventions need to have a robust and clear **theory of change** which explains how they **reduce offending** and is informed by the available **evidence**.

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Applicants need to have experience of working with young people, and if the funding is sought for an existing intervention, it must be used to expand this work.

We want to build up the evidence base of what works in preventing later offending so every intervention we fund will be independently evaluated.

Applicants must be able to use the first £100,000 of funding within the first six months of the grant (October 2019 – March 2020).

## What type of proposals are we looking for?

Successful proposals:

- Will **primarily target young people aged 10-14 years old**, who are judged to be at risk of being drawn into crime and violence. This could include those who are experiencing issues strongly associated with later offending and crime and antisocial behaviours, such as school exclusion, conduct disorder, having family members who are known to be involved in serious crime, as well as other high-risk indicators. Interventions may involve working directly with at-risk young people, or indirectly (for example through working with parents or teachers). We also welcome proposals from interventions **for young people on the edge of the Criminal Justice System**, or are already involved with the Criminal Justice System (for example programmes or services which aim to prevent re-offending).
- Will be **designed to prevent young people's involvement** in crime and violence, through targeting factors including mental health, peer relationships, social and emotional competency, and family function. We are not specifying themes or the types of activities to be delivered in this round, and we are open to any interventions which meet the requirements listed here. These may include interventions which -
  - seek to address risk and protective factors which are strongly associated with crime (for example mentoring programmes or targeted school based social and emotional learning initiatives)

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- target high-risk children and young people
  - target those who are in or at the fringes of the criminal justice system
- **Will be well defined, with a clear and robust theory of change**, informed by available evidence. This should make clear what the intended outcome of the intervention is, and how the underlying activities will drive these outcomes. It should also make clear why the intervention is needed, and why it will add value over and above what is already available for the young people in question.
- **Will be willing and able to be independently evaluated**. We will appoint an independent evaluator and work with successful applicants to design an evaluation plan. Applicants do not need to include anything about evaluation design or costs in their application; we will discuss the evaluation requirements with those that are shortlisted for funding.
- **Will be willing to share learning for the benefit of others in the sector**. The YEF is a bold way of attempting to tackle youth offending. We want to fund organisations that will openly share learning with the sector, so that we have the biggest impact on children and young people.
- **Will be planning to deliver their intervention for at least 12 months**. We will consider providing funding for up to a maximum of 24 months of delivery in this first round.
- **Will have the capacity to start delivering to additional participants quickly**. We want to get to work as soon as possible, so applicants for this round of funding need to be able to spend a minimum of £100,000 during the first six months of the grant (i.e. between October 2019 and March 2020). There is no upper limit to what can be spent during this period; however, we will not be able to roll funding forward, so it is important that applicants are realistic about their ability to spend a minimum of £100,000 in the first six months.

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## **The importance of evidence**

One of the key aims of the YEF is to build our understanding of what works to reduce offending among children and young people. We will evaluate each of the interventions that we fund and share the learning that comes out of them.

Developing evidence of impact takes time. As a minimum for funding in this grant round, applicants must have a plausible theory of change which sets out how their programme or service will achieve the intended outcomes, and is informed by available evidence.

We also want to hear from applicants with interventions who have demonstrated evidence of their impact and may be ready for more robust types of evaluation, such as a randomised control trial.

## **What we will fund**

An intervention can be one you are already delivering and want to expand, it can be new, or have already been delivered somewhere else. What is important is that the intervention targets young people who are at risk of offending, and there is a robust theory of change.

Funding is available to cover the costs of frontline delivery of an intervention (including staff costs). We cannot cover the cost of existing provision (i.e. core costs) or replace funding from other sources. What we fund needs to be for the expansion of an existing programme or service to reach additional participants, or the delivery of a new programme or service.

Please note that we will not fund work which is for religious or political purpose. Faith based organisations can apply, but your intervention must be open to people of all or no faith. Our funding can also not be used to help promote any religion.

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## Who can apply?

An application can be made by any legally constituted organisation. This could include

- Charities and social enterprises
- For-profit companies
- Public sector agencies, such as councils, schools, health or police forces

Any organisation applying needs to be operating in England and/or Wales and have a track record of delivery to young people either directly or indirectly (for example training youth workers). If you do not directly deliver to young people, you will need to detail who you intend to work with to do this. If you have not worked to improve outcomes for young people you should not apply for a grant.

Organisations can apply in partnership with others, but one organisation will need to be the lead applicant. If you wish to apply as a partnership, during your application you need to demonstrate how this will better help you achieve the outcomes we are looking for. Applying in partnership will not mean you are more or less likely to be awarded a grant; what is most important is that you are able to provide evidence to demonstrate why your partnership would be effective in reaching at-risk children and young people.

## How to apply

To apply, please register via the YEF grants portal and complete the online form. Guidance on how to do this, and each of the questions we will ask, is below.

We will be holding workshops to help applicants in London, Manchester and Cardiff, and will also have a webinar for those unable to attend.

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We will also update the Frequently Asked Questions (FAQs) page of our website throughout the application window to provide further guidance and feedback. We would recommend that you review this while you are completing your application.

The deadline for applications is **midday on Tuesday 23<sup>rd</sup> July 2019**. All applications will go through an initial sifting process to establish which proposals we will be taking forward for full review. We will then work with shortlisted applicants to develop an initial evaluation plan and finalise their proposals before presenting them to the YEF Grants Committee in late September. We may need to speak and/or visit applicants as part of this process, so you will need to make yourself available for this.

## Timeline

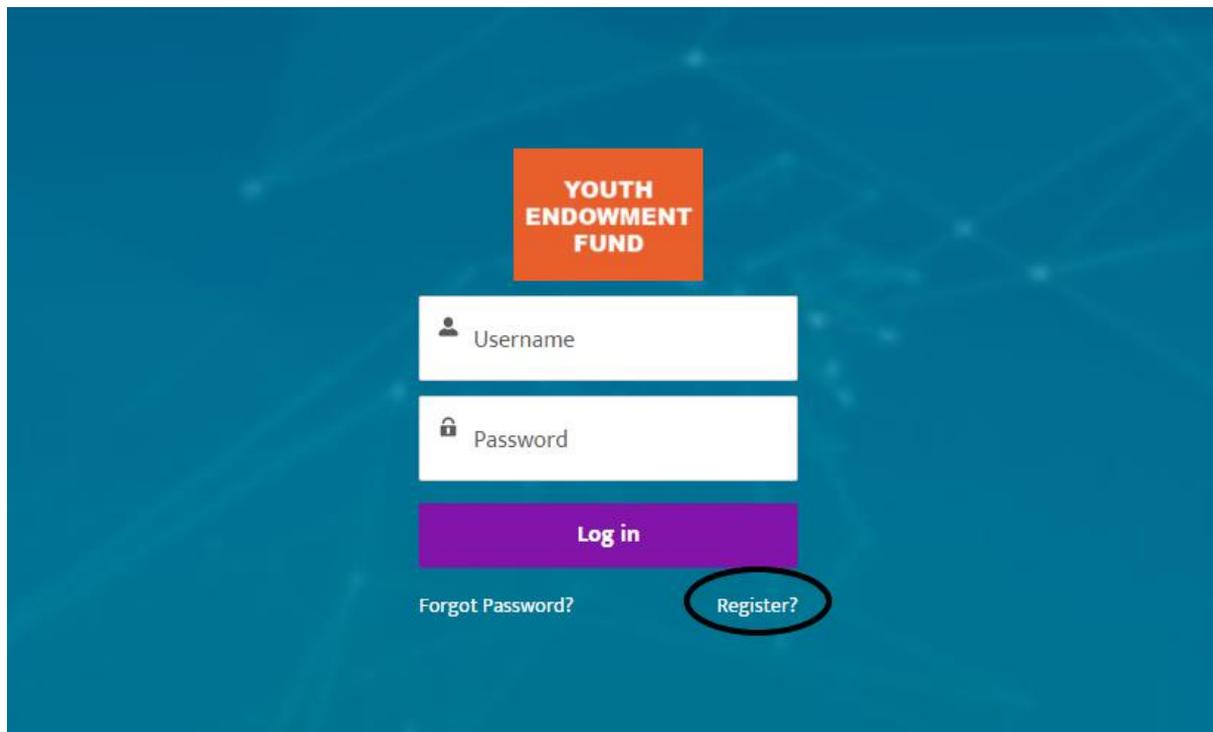
<b>Grant applications open</b>	<b>Tuesday 28<sup>th</sup> May</b>
<b>Cardiff workshop</b>	3 <sup>rd</sup> June 12pm (Bute Town Community Centre)
<b>London workshop</b>	5 <sup>th</sup> June 10am (Kirkland & Ellis)
<b>Manchester workshop</b>	10 <sup>th</sup> June 12pm (University of Manchester)
<b>Online webinar</b>	12 <sup>th</sup> June 4pm (Register <a href="#">here</a> )
<b>Grant applications close</b>	<b>Tuesday 23<sup>rd</sup> July</b>
<b>Grant assessment period</b>	24 <sup>th</sup> July – 6 <sup>th</sup> September
<b>YEF Grants Committee</b>	25 <sup>th</sup> September
<b>Notification of outcome of Grant Committee</b>	Week commencing 30 <sup>th</sup> September
<b>Commencement of projects</b>	Week commencing 7 <sup>th</sup> October

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## Application Guidance

In order to complete an application, you will first need to register on our online portal. This can be found at <https://youthendowmentfund.force.com/Applicants>. When you first access the portal, you will need to click the 'Register?' link below the Log in button.



You will then be asked some basic questions about your organisation. This includes:

- Who you are
- Your organisation legal name
- Your Companies House/Charity Number

Once you have completed this, a verification link will be sent to your email address. As soon as you have verified your email, you will be able to access the full portal.

When you first log in, you first need to provide us with some information about your organisation. This will include

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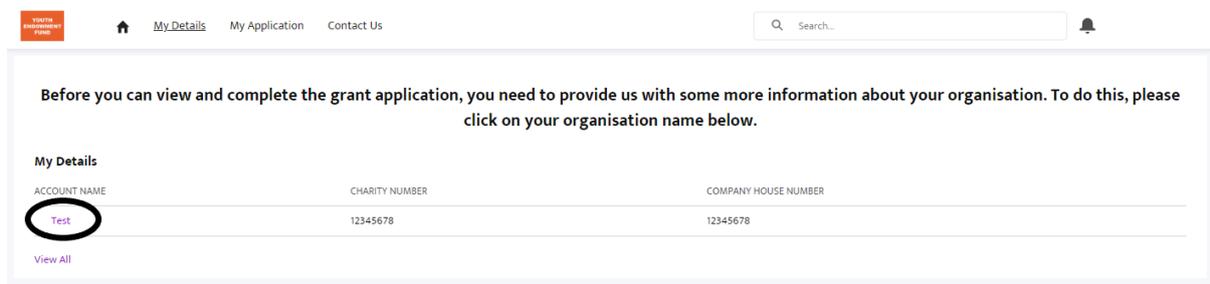


- Where you are located
- When you were established
- Your legal structure
- What you do

To provide this information you need to click on the 'My Details' link in the top left of the page.



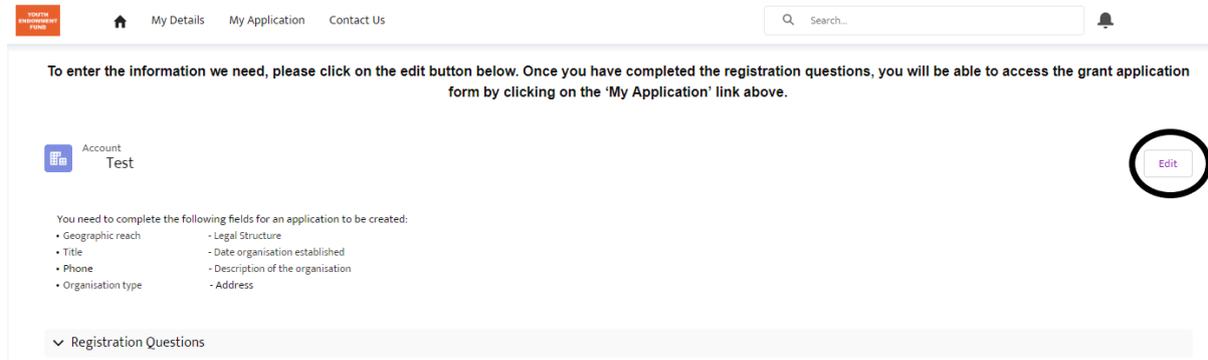
Once you have clicked on the 'My Details' link, you will be taken to a summary page, and then you need to click on your organisation name to provide us with the information we need.



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You will then see registration questions. To enter these, simply click on the edit button.



You need to complete the following fields for an application to be created;

- Geographic reach
- Title
- Phone
- Organisation type
- Legal Structure
- Date organisation established
- Description of the organisation
- Address

To save your registration information, simply click the purple 'Save' button on the bottom right of the edit page.

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Edit Test

### Registration Questions

* Account Name <input type="text"/>	Phone <input type="text"/>
Title <input type="text"/>	Account Address Account Street <input type="text"/>
	Account City <input type="text"/>
	Account Postal Code <input type="text"/>
	Account County <input type="text"/>
	Account Country <input type="text"/>
Region <input type="text"/>	Legal Structure <input type="text"/>
Geographic reach <input type="text"/>	Organisation type <input type="text"/>
Company House Number <input type="text"/>	Description of the organisation <input type="text"/>

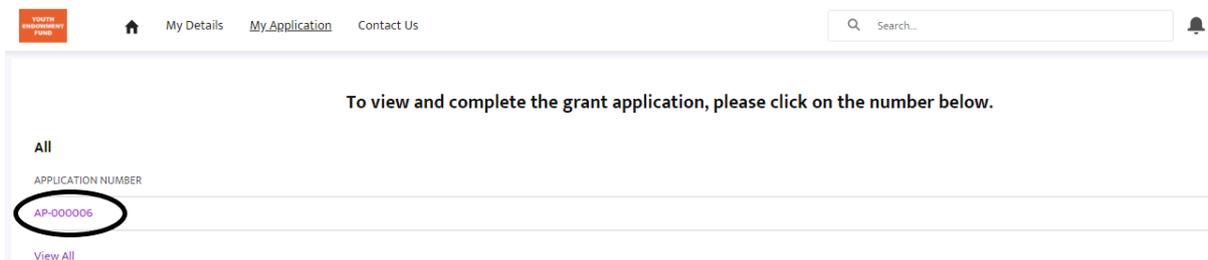
If you close this page without pressing save, the information you have entered will be lost.

Once the registration questions are completed and saved, you will then be able to access the application itself; you do this by clicking on the 'My Application' link.

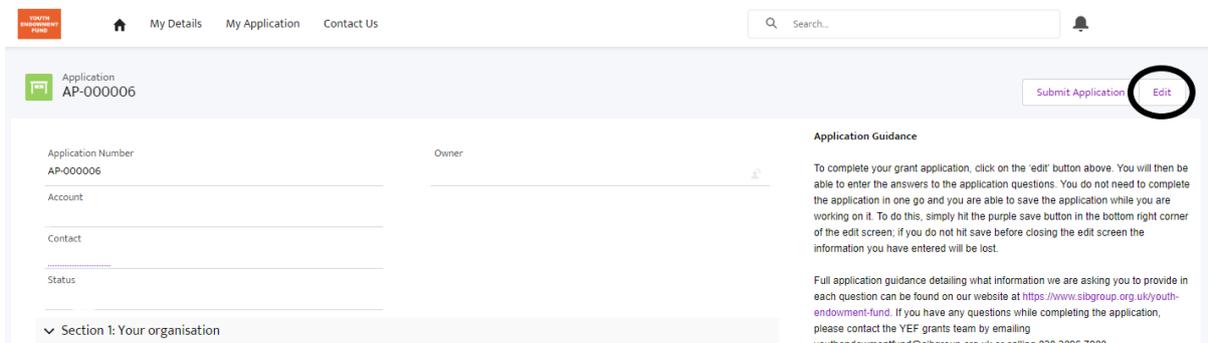
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Once you have clicked on the 'My Application' link, you will be taken to a summary page, and then you need to click on the application number that you will see on screen.



You will then see the application form. To enter the answers to the application questions, simply click on the edit button.



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Applications can be saved on the system while you are writing them; however, you may find it easier to write a draft in another programme (such as Microsoft Word) and then copy your answers into the online portal. To save your application, simply click the purple 'Save' button on the bottom right of the application page.

Edit AP-000006

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Application Number AP-000006	Owner
Account	
Contact	
Status	

**Section 1: Your organisation**

1. Purpose of organisation ⓘ <input type="text"/>	2. Partnering with others ⓘ <input type="text"/>
3. Legal names of other organisations ⓘ <input type="text"/>	4. Purpose of other organisations ⓘ <input type="text"/>
5. Services to young people ⓘ <input type="text"/>	6. Operations & governance team ⓘ <input type="text"/>
7. Operations & governance processes ⓘ <input type="text"/>	8. Approach to safeguarding ⓘ <input type="text"/>

If you close this page without pressing save, the information you have entered will be lost.

If you have any questions while completing the application, please contact the YEF grants team by emailing [youthendowmentfund@sibgroup.org.uk](mailto:youthendowmentfund@sibgroup.org.uk) or calling 020 3096 7900.

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## **Section 1: Your Organisation**

This section will allow you to tell us about your organisation as a whole, your aims, and your current work.

### **1. Purpose of organisation**

What is the purpose of your organisation?

The aim of this question is for you to tell us about the overall mission and purpose of your organisation. We understand that some organisations applying may have very broad aims, so this question is intended for you to tell us about your overall work.

Please use no more than 300 words.

### **2. Partnering with others**

Are you partnering with any other organisations to apply for this grant?

Please answer yes or no.

### **3. Legal names of other organisations**

If you answered 'yes' to question 2, please tell us the legal names of the other organisations you are partnering with.

We may need to undertake checks on these organisations as part of the application due diligence, so it is important that you tell us their legal names as listed at Companies House and/or the Charity Commission. Please only enter the names of the organisations.

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If you are not applying in partnership, please leave this blank and continue to question 4.

## **4. Purpose of other organisations**

If you answered 'yes' to question 2, please tell us a little about the purpose of the other organisations you have named. I.e. what is the overall mission and purpose of these organisations, and what work that they do?

Please use no more than 300 words.

## **5. Services to support young people**

We are looking to fund organisations that have a track record of working to improve outcomes for young people.

What work is your organisation doing (and have you done in the past) to support young people, either directly or indirectly (e.g. training teachers to deliver a particular programme)? Please tell us the age range of the young people involved.

Please use no more than 300 words.

## **6. Operations and governance team**

Describe your organisation's main operations and governance teams, and how they interact.

If you are applying as a partnership, please describe how this works across the partner organisations. We need to understand the skills that your team has, how decisions are made, and what involvement and oversight the governance team provides.

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Please use no more than 300 words.

## 7. Operations and governance processes

Describe your processes and how decisions are made within your organisation; do you have a strategy and business plan and how do you review them? Do you produce management and/or impact accounts? If you are applying as a partnership, please tell us how this works across the partner organisations.

We need to be sure that the organisations we fund have all the necessary qualifications, licences, permits, skills and experience required to undertake their work and achieve the aims we are intending to fund. Please tell us here, how you have all of these

Please use no more than 300 words.

## 8. Approach to safeguarding

Please tell us about your approach to safeguarding, and compliance with relevant laws.

We will be funding organisations to help vulnerable young people. As such it is essential that all successful applicants have appropriate policies and procedures with regards to safeguarding and are compliant with all laws relevant to them. Please note that we may ask for copies of relevant documents to support this as part of the assessment process.

Please use no more than 200 words

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## **Section 2: Project Design and Delivery**

This section provides you with an opportunity to describe what you would like us to fund.

### **9. Project title**

Please give your project a short title. Simple, descriptive titles (e.g. “Mentoring project for Year 7s”) are welcome. If you are applying with a project that is already named, please include the full name in the title (and any abbreviation it is known by), for example Advanced Lifeskills Training (LST).

Please use no more than 30 words.

### **10. Project target ages**

Please tell us the ages of the young people your project will target by entering the lowest and oldest ages of those that will take part.

### **11. Geography of target population**

Please tell us where in England and Wales your project will be delivered by naming the Local Authority area(s) in which the project will take place. You can find a list of Local Authority areas [here](#).

### **12. Will the project operate in Wales?**

Will any part of your project be delivered in Wales?

Please answer yes or no.

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## 13. Project fit with Welsh PSB

If you have answered yes to question 12, please tell us how your project fits with the aims of the Public Services Board(s) for the area(s) in which the project will operate. Please note that we may speak to the relevant Public Service Boards as part of the grant assessment process.

If you are not working in Wales, please leave this blank and continue to question 14.

Please use no more than 200 words.

## 14. Participant characteristics

Which are the typical characteristics of the children and young people you will be working with?

- Has a criminal conviction
- Is receiving services from a Youth Offending Team or similar
- Is a registered Child in Need
- Is a Looked After Child
- Is at risk of school exclusion
- Has been excluded from school
- Is frequently truant
- Has a family member with criminal convictions
- Is at risk of gang membership
- Is in a gang
- Has low levels of educational achievement
- Has diagnosed mental health issues
- Has suffered abuse / early childhood trauma
- Has been a victim of crime
- Displays antisocial behaviour

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- Displays high impulsivity/hyperactivity
- Has a history of weapon possession (e.g. knife, gun)
- Has a history of alcohol and/or substance use
- Other (please state)

You can select up to 5 of the options provided.

To select the participant characteristics simply highlight each one that want to select in the available box (on the left) and then click on the arrow pointing right. This will then move them to the chosen box (on the right);

14. Participant characteristics 

Available

Is receiving services from a Youth ... 

Is a registered Child in Need

Is a Looked After Child

Is at risk of school exclusion

Has been excluded from school

Chosen

Has a criminal conviction

## 15. Project main setting

Please tell us which of the following is the main setting for delivery:

- Home
- Children's centre
- Primary school
- Secondary School
- Sixth-form or FE college
- Alternative Provision or Pupil Referral Unit
- Community setting
- In-patient health setting

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- Out-patient health setting
- Police station
- Youth club
- Sports club
- Other (please specify)

You will only be able to select one option, so please select the place where most of the work will happen.

## 16. Delivery format of project

What is the delivery format of the project you are asking us to fund? Please select one of the following options;

- Individuals – i.e. delivered to individual children/young people/families
- Groups – i.e. delivered to groups of children/young people/families
- Other – please provide details in the space provided. This may include interventions which have multiple components that are delivered in different formats for example, an intervention delivered to groups and has a supplementary individual component.

## 17. Who will deliver the project?

Please tell us who will deliver the project.

This should be a brief description of who will actually be working with the young people your project is supporting. This could be a teacher, social worker, youth worker or other person.

Please use no more than 100 words.

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## 18. Theme of project

Please tell us which theme best describes your project. Please select one of the following groups:

- **Skills-based** interventions involve demonstrations, practice and activities that aim to develop young people's abilities to control their behaviour and/or participate in prosocial activities.
- **Family-focused** interventions include home visiting, parent training and family therapy, and interventions which recognise that creating changes in young people is difficult when they have complex home lives, and therefore take into account family level risk and protective factors.
- **Mentoring** interventions typically involve an older or more experienced person offering support and guidance to a young person over time.
- **Community-based** interventions, including after-school recreational activities and sports-based programmes.
- **Gang-specific approaches** aim to prevent young people from becoming involved in gangs, and to help them find ways out if already involved.
- **Other** – Please specify

## 19. Describe the project

Please outline your proposed project from the point of view of a young person taking part in it. Begin with a simple and clear, two sentence description of the project.

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Please focus on the programme design - what specific activities will be delivered? For each activity describe what it is (e.g. group skills session), where it is delivered (e.g. classroom), by whom (e.g. teacher, trained specialist), session duration (e.g. 1 hour) and how often (e.g. twice a week during school for 10 weeks). If the project is comprised of more than one main activity, please describe each separately-

Please use no more than 300 words.

## **20. Number of young people**

Please tell us how many young people this funding will allow you to work with (either directly or indirectly). If this is an existing project, then please use the number of additional young people this funding would help you to support.

You will only be able to enter a number in the box provided.

## **21. Community involvement in project**

Please tell us how your community, and the young people within it have been involved in the design or improvement of your project. Is your project based on any specific feedback you have received or outreach work that you have done?

Please use no more than 200 words.

## **22. Project team**

Please briefly describe the experience and expertise of the project team who will be managing and overseeing the project.

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The project team is central to ensuring YEF funds are well spent and the project has the maximum impact. We would like to know about this team and their track record in this area (e.g. identifying and engaging young people at risk of offending, managing multi-agency partnerships or projects, delivering, training and managing practitioners able to work with at-risk young people).

Please use no more than 300 words.

## **Section 3: Project Evidence and Evaluation**

This section provides you with an opportunity to describe the evidence that underpins your project.

### **23. Main research question**

Please state the main research question that you expect the evaluation of your project to answer.

Every project we fund will be evaluated and we would like to know what you would like to learn from the evaluation. An example of a research question is 'What is the impact of a community-based mentoring intervention on the social and emotional skills of young people at risk of crime and youth violence

### **24. Theory of change**

What is the theory that links the intervention's activities, the needs of the young people you are working with, and the intended intermediate and offending outcomes?

We are looking to fund interventions with a plausible theory of change, which is supported by the available research. We are interested in understanding how this change process happens in your project.

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Please explain:

- The specific impact you are seeking to achieve relating to youth offending outcomes
- How the activities in your project and the intensity of your support will address the needs of the young people you are working with, and lead to improvements in intermediate outcomes, and ultimately result in a reduction in youth offending outcomes, and
- How your project is different to the ‘current provision’ available for these young people, and has a greater chance of success than the provision which is otherwise available
- The evidence or research that underpins your theory of change description.

The Early Intervention Foundation’s [Guide to Evaluation Success](#) provides an introduction to the components of a good theory of change. And the Early Intervention Foundation’s “What works to prevent gang involvement, youth violence and crime” draws together some of the available evidence and research in this area.

Please use no more than 300 words.

## **25. Project run previously**

Please tell us whether the proposed project has been run in England or Wales previously, and if so, please describe how many young people it has supported.

Please use no more than 200 words.

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## 26. Ability to scale project

Please tell us, if we were to fund the project and it was found to have a positive impact, how the project could be scaled up to reach more people

Please use no more than 200 words.

## 27. Project participant data

Please provide us with any relevant demographic, project or monitoring data you collect, such as socioeconomic indicators of participants, average number of sessions attended per participant, and numbers of participants who have completed programmes/services over the last year of delivery.

Please use no more than 300 words.

## 28. User feedback

Please provide a summary of any feedback you have gathered from the young people you have worked with (e.g. feedback from surveys, focus groups etc). We would like to get an understanding of participants' views on the project, if possible.

Please use no more than 200 words.

## 29. Outcome and impact data

Please provide a summary of the impact data available for your intervention. If the project has been run previously, this may relate to the previous results achieved, including feedback or outcomes as well as other evidence. If your project has not been run before, this may relate to other published evidence. Please note, you may be asked to provide further evidence of the impact for your proposed project at a later stage.

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Please use no more than 300 words.

## **Section 4: Project cost**

This section allows you to tell us how much funding you are asking for, and what you will spend it on.

### **30. Grant amount requested**

How much funding are you requesting from the YEF in total?

You will only be able to enter a number into the box provided.

### **31. Other funding secured**

Have you already secured any other funding towards this project?

Please answer yes/no to this question.

### **32. Details of funding secured**

If you answered yes to question 31, please tell us about the funding you have already secured. This should include amounts secured, the name of the funder, the date of the funding award and the period that funding has been awarded for.

Please use no more than 200 words.

### **33. Other fundraising intended**

Are you intending to raise funding towards this project from other sources?

Please answer yes/no to this question.

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## 34. Details of fundraising

If you answered yes to question 33, please give us details about the funding you wish to raise. This should include the name of the funder, the amount you intend to raise and the date you are aiming to secure it by.

Please use no more than 200 words.

## 35. Breakdown of Spend

This is where you list the individual items that you would like us to fund. You are able to list up to 12 tasks as part of your grant budget. For each task your need to detail;

- **Work to be undertaken:** this is where you name what is to be done.
- **Total cost:** tell us total cost for this element of work
- **Spend to 31/3/20:** how much of the total cost for this element of work do you intend to spend before the end of March 2020
- **Spend 2020/21:** how much of the total cost for this element of work do you intend to spend between 1<sup>st</sup> April 2020 and October 2020 (if applying for 12 months of funding) or October 2021 (if applying for 24 months of funding).

Please remember that if you must pay VAT on any of the items you are asking us to fund, the costs you list are inclusive of this VAT.

An example of what your budget might look like is below

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Edit AP-000006

### Section 4: Project Cost

30. Grant amount requested ⓘ <input type="text" value="200,000.00"/>	31. Other funding secured ⓘ <input type="text" value="No"/>
32. Details of funding secured ⓘ <input type="text"/>	33. Other fundraising intended ⓘ <input type="text" value="No"/>
34. Details of fundraising ⓘ <input type="text"/>	

Task 1 Work to be undertaken <input type="text" value="Staff costs"/>	Task 2 Work to be undertaken <input type="text" value="Equipment"/>
Task 1 Total Cost <input type="text" value="£100,000.00"/>	Task 2 Total Cost <input type="text" value="£100,000.00"/>
Task 1 Spend to 31/3/20 <input type="text" value="£50,000.00"/>	Task 2 Spend to 31/3/20 <input type="text" value="£50,000.00"/>
Task 1 Spend 2020/21 <input type="text" value="£50,000.00"/>	Task 2 Spend 2020/21 <input type="text" value="£50,000.00"/>
Task 3 Work to be undertaken <input type="text"/>	Task 4 Work to be undertaken <input type="text"/>
Task 3 Total Cost <input type="text"/>	Task 4 Total Cost <input type="text"/>

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## 36. Organisational Financial Information

Please tell us about your financial history to date. If you are applying as part of a partnership, please provide the information for the lead organisation. We will then ask for further information from other partners if required.

Y1 is the last full financial year that you have audited accounts for. Y2 is the full year before that. For both years, you should provide us with the figures as listed in your accounts; we may check the information against public records, so it is important that the information is accurate.

Current management year figures are your most recent figures from your management accounts. Projected full year figures are what you are expecting/forecasting for the full financial year we are currently in. Forecast YR is what you are predicting/forecasting for the full next financial year after the one we are currently in.

Any amounts that you do not have to enter (e.g. surplus/deficit and total funds) will be automatically calculated when you save your application.

To enter the relevant dates, click on the calendar icon and then select the relevant month and year.

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Section 5: Organisational Financials

Annual Accounts (Y1) ⓘ

31/03/2018 

Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	27	28	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

Today

Annual Accounts (Y2) ⓘ

31/03/2017 

Income (earned) Annual Accounts (Y2)

Income (grant) Annual Accounts (Y2)

Income (other) Annual Accounts (Y2)

Total Income YR 2

£0.00

Total Expenditure YR 2

Surplus/Deficit YR 2

£0.00

Current Assets Annual Accounts (Y1)

Current Assets Annual Accounts (Y2)

Current Liabilities Annual Accounts (Y1)

Current Liabilities Annual Accounts (Y2)

Fixed Assets Annual Accounts (Y1)

Fixed Assets Annual Accounts (Y2)

Term Liabilities Annual Accounts (Y1)

Term Liabilities Annual Accounts (Y2)

Unrestricted Funds Annual Accounts (Y1)

Unrestricted Funds Annual Accounts (Y2)

# Youth Endowment Fund



## Annexe – Theory of Change

The below is a Theory of change for a hypothetical programme which seeks to address crime and antisocial behaviour through a focus on avoiding risky behaviour.

**How the activities in your project and the intensity of your support will address the needs of the young people you are working with, and lead to improvements in intermediate outcomes, and ultimately result in a reduction in youth offending outcomes.**

Alcohol, tobacco, and other drug use are important issues that typically begin during adolescence. There is evidence that drug use progresses in a sequence, beginning in the early stages with cigarettes and alcohol, within illicit drug use occurring later in the sequence of substance use behaviours. Drug and alcohol use in adolescence is more prevalent in economically disadvantaged children in urban areas and has been shown to be associated with offending and antisocial behaviour.

Children with positive attitudes or expectations regarding substance use are more likely to become substance users than those without these attitudes and beliefs. Furthermore, substance use has been found to be associated with a number of individual characteristics including low self-control.

Substance misuse prevention programmes are designed to teach students ways to avoid high-risk situations where they are likely to experience pressure to smoke, drink or use drugs, as well helping them to acquire the knowledge and skills needed to handle social pressure in these situations.

Participants receive sixteen hour-long sessions with trained youth workers focussing on personal self-management skills, social skills and strategies for resisting tobacco, alcohol and drugs. The curriculum is taught with a variety of techniques to include facilitation, coaching, assessment and behavioural rehearsal which are proven training methods. The intervention aims to reduce crime and antisocial behaviour

# Youth Endowment Fund



through reduced incidence and prevalence of cigarette smoking, drug use, and alcohol use.

## **The evidence or research that underpins your theory of change description**

Interventions that teach children and young people social skills for self-management, have an established international evidence base. These interventions have been evaluated in a number of rigorous evaluations which demonstrate effectiveness in improving young people's knowledge and use of resistance strategies in relation to risk-taking behaviour and reducing alcohol, cigarette and drug use.

The intervention incorporates evidence-based techniques such as cognitive behavioural skills training, and the intervention has a well-established evidence base with long term findings in relation to reduced substance use, violence and delinquency reported at long term follow up.

## **How your programme differs from, and has a greater chance of success than the provision which is otherwise available for these young people**

Whilst other school-based substance misuse prevention programmes exist, none are delivered within the local area meaning this is the only programme available to support adolescents at risk of developing drink and drug issue. This intervention has a good fit with the local context, and an existing feasibility study has shown positive results which means that a more robust evaluation is warranted.

# Youth Endowment Fund



## List of Local Authorities

### 1. England

Barnsley Borough Council  
Bath and North East Somerset Council  
Bedford Borough Council  
Birmingham City Council  
Blackburn with Darwen Borough Council  
Blackpool Council  
Bolton Borough Council  
Bournemouth Borough Council  
Bracknell Forest Borough Council  
Bradford City Council  
Brighton and Hove City Council  
Bristol City Council  
Buckinghamshire County Council  
Bury Borough Council  
Calderdale Borough Council  
Cambridgeshire County Council  
Central Bedfordshire Council  
Cheshire East Council  
Cheshire West and Chester Council  
City of London Corporation  
City of York Council  
Cornwall Council  
Council of the Isles of Scilly  
Coventry City Council  
Cumbria County Council

# Youth Endowment Fund



Darlington Borough Council  
Derby City Council  
Derbyshire County Council  
Devon County Council  
Doncaster Borough Council  
Dorset County Council  
Dudley Borough Council  
Durham County Council  
East Riding of Yorkshire Council  
East Sussex County Council  
Essex County Council  
Gateshead Borough Council  
Gloucestershire County Council  
Halton Borough Council  
Hampshire County Council  
Hartlepool Borough Council  
Herefordshire Council  
Hertfordshire County Council  
Hull City Council  
Isle of Wight Council  
Kent County Council  
Kirklees Borough Council  
Knowsley Borough Council  
Lancashire County Council  
Leeds City Council  
Leicester City Council  
Leicestershire County Council

# Youth Endowment Fund



Lincolnshire County Council  
Liverpool City Council  
London Borough of Barking and Dagenham  
London Borough of Barnet  
London Borough of Bexley  
London Borough of Brent  
London Borough of Bromley  
London Borough of Camden  
London Borough of Croydon  
London Borough of Ealing  
London Borough of Enfield  
London Borough of Hackney  
London Borough of Hammersmith and Fulham  
London Borough of Haringey  
London Borough of Harrow  
London Borough of Havering  
London Borough of Hillingdon  
London Borough of Hounslow  
London Borough of Islington  
London Borough of Lambeth  
London Borough of Lewisham  
London Borough of Merton  
London Borough of Newham  
London Borough of Redbridge  
London Borough of Sutton  
London Borough of Tower Hamlets  
London Borough of Waltham Forest

# Youth Endowment Fund



London Borough of Wandsworth  
Luton Borough Council  
Manchester City Council  
Medway Council  
Middlesbrough Borough Council  
Milton Keynes Council  
Newcastle Upon Tyne City Council  
Norfolk County Council  
North East Lincolnshire Council  
North Lincolnshire Council  
North Somerset Council  
North Tyneside Borough Council  
North Yorkshire County Council  
Northamptonshire County Council  
Northumberland County Council  
Nottingham City Council  
Nottinghamshire County Council  
Oldham Borough Council  
Oxfordshire County Council  
Peterborough City Council  
Plymouth City Council  
Poole Borough Council  
Portsmouth City Council  
Reading Borough Council  
Redcar and Cleveland Borough Council  
Rochdale Borough Council  
Rotherham Borough Council

# Youth Endowment Fund



Royal Borough of Greenwich  
Royal Borough of Kensington and Chelsea  
Royal Borough of Kingston upon Thames  
Royal Borough of Richmond upon Thames  
Rutland County Council  
Salford City Council  
Sandwell Borough Council  
Sefton Borough Council  
Sheffield City Council  
Shropshire Council  
Slough Borough Council  
Solihull Borough Council  
Somerset County Council  
South Gloucestershire Council  
South Tyneside Borough Council  
Southampton City Council  
Southend-on-Sea Borough Council  
Southwark Council  
St Helens Borough Council  
Staffordshire County Council  
Stockport Borough Council  
Stockton-on-Tees Borough Council  
Stoke-on-Trent City Council  
Suffolk County Council  
Sunderland City Council  
Surrey County Council  
Swindon Borough Council

# Youth Endowment Fund



Tameside Borough Council  
Telford and Wrekin Borough Council  
Thurrock Council  
Torbay Council  
Trafford Borough Council  
Wakefield City Council  
Walsall Borough Council  
Warrington Borough Council  
Warwickshire County Council  
West Berkshire Council  
West Sussex County Council  
Westminster City Council  
Wigan Borough Council  
Wiltshire Council  
Windsor and Maidenhead Borough Council  
Wirral Borough Council  
Wokingham Borough Council  
Wolverhampton City Council  
Worcestershire County Council

## **2. Wales**

Blaenau Gwent  
Bridgend  
Caerphilly  
Cardiff  
Carmarthenshire  
Ceredigion  
Conwy

# Youth Endowment Fund



Cyngor Gwynedd  
Denbighshire  
Flintshire  
Isle of Anglesey  
Merthyr Tydfil  
Monmouthshire  
Neath Port Talbot  
Newport  
Pembrokeshire  
Powys  
Rhondda Cynon Taf  
Swansea  
Torfaen  
Vale of Glamorgan  
Wrexham